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Fernandez, Maria y Portela, Mayda.

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FACTORES DE RIESGO Y PROTECCIÓN EN RELACIÓN AL JUEGO PATOLÓGICO EN POBLACIÓN ADULTA: UNA REVISIÓN DE LA LITERATURA

Fernandez, Maria; Portela, Mayda
Universidad Católica del Uruguay. Montevideo, Uruguay.

RESUMEN

Introducción: El juego patológico se entiende como un patrón recurrente y persistente de juego con consecuencias de afectación funcional y malestar significativo: impactando en la salud mental y el bienestar de las personas. Objetivos: Analizar la evidencia científica actualizada respecto a la vinculación entre el juego patológico, los factores psicopatológicos asociados y su incidencia en el bienestar psicológico de personas adultas. Método: Se realizó una revisión sistemática de la literatura en revistas científicas arbitradas e indizadas en el periodo entre enero de 2019 y febrero de 2022. Resultados y Conclusiones: Siguiendo los criterios de inclusión y exclusión y limitando sesgos, se sistematizaron un total de 20 estudios científicos empíricos, revisiones sistemáticas, estudios de metaanálisis y teóricos que abordan los temas de validación instrumental, comorbilidad entre juego patológico y sintomatología clínica, modelos teóricos sobre trastorno del juego y modificaciones en los criterios diagnósticos.

Palabras clave

Revisión sistemática - Juego patológico - Psicopatología - Bienestar psicológico

ABSTRACT

RISK AND PROTECTION FACTORS IN RELATION TO PATHOLOGICAL GAMBLING IN ADULT POPULATION: A REVIEW OF THE LITERATURE
Introduction: Pathological gambling is understood as a recurrent and persistent pattern of gambling with consequences of functional impairment and significant discomfort: impacting people's mental health and well-being. Objectives: Analyze the updated scientific evidence regarding the link between pathological gambling, the associated psychopathological factors and their impact on the psychological well-being of adults. Method: A systematic review of the literature was carried out in refereed and indicated scientific journals in the period between January 2019 and February 2022. Results and Conclusions: Following the inclusion and exclusion criteria and limiting biases, a total of 20 systematically reviewed empirical scientific studies, meta-analysis and theoretical studies that address the issues of instrumental validation, comorbidity between pathological gambling and clinical symptoms were systematized. Models. Theorists about gaming disorder and modifications in diagnostic criteria.

Keywords

Systematic review - Pathological gambling - Psychopathology - Psychological well-being

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