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FACTORES SUBJETIVOS EN PACIENTES CON PSORIASIS: PROXÉMICA, CONTACTO Y EXPRESIÓN DE LAS EMOCIONES

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RESUMEN

Antecedentes: La relación entre alexitimia y psoriasis es compleja y está vinculada con procesos de separación-individuación y con problemáticas en el desarrollo de un apego seguro para establecer relaciones de confianza, y regular las emociones y el estrés. Objetivos: Analizar los factores subjetivos de los pacientes con psoriasis en los vínculos materno-filiales y del área sexual. Método: En un estudio correlacional, a 51 personas con psoriasis y 56 controles se le aplicaron diferentes instrumentos para evaluar Alexitimia, Apego y Proxémica. Resultados: Las personas con psoriasis demostraron mayor evitación del contacto en la sexualidad. La evitación del contacto fue superior al conjugarse la presencia de alexitimia y de psoriasis. Conclusiones: Las personas con psoriasis tendrían menor contacto en la sexualidad y más respuestas fusionales o de lejanía en la relación niño-madre sugiriendo problemáticas de apego. La alexitimia podría afectar la sexualidad y se potenciaría con la psoriasis generando dificultades de contacto.

Palabras clave

Psoriasis, Alexitimia, Apego, Psicósomática, Psicoanálisis

ABSTRACT

SUBJECTIVE FACTORS ON PATIENTS WITH PSORIASIS: PROXEMICS, CONTACT AND EMOTIONAL EXPRESSION

Background: The relationship between alexithymia and psoriasis is complex and is related to separation-individualization processes and to difficulties in the development of a secure attachment to establish trustful relationships and to regulate emotions and stress. Objectives: To analyze psoriasis subjective factors on people with psoriasis on their mother-child and sexual bonds. Method: In a correlational study, different scales were applied to 51 psoriasis patients and 56 controls to evaluate Alexithymia, Attachment and Proxemics. Results: People with psoriasis showed more contact avoidance in the sexuality area. Avoidance of contact was greater when alexithymia and psoriasis appeared together. Conclusions: People with psoriasis could have less sexual contact and greater fusional or distance responses on the son-mother bond suggesting difficulties in attachment. Alexithymia could affect sexuality and it could maximize its effects when combined with psoriasis producing contact difficulties.

Key words

Psoriasis, Alexithymia, Attachment, Psychosomatics, Psychoanalysis

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