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REPENSAR LA PARENTALIDAD: IMPACTO DEL COVID-19 EN LAS DECISIONES REPRODUCTIVAS DE ESTUDIANTES UNIVERSITARIOS ARGENTINOS

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RESUMEN

Se ha descrito que el nivel socioeconómico influye en las decisiones reproductivas. Esta variable y la incertidumbre provocada por el COVID han afectado las actitudes hacia la parentalidad. El objetivo de esta investigación es conocer el impacto del aislamiento post-COVID en las actitudes hacia la parentalidad y los niveles de conocimiento sobre reproducción en estudiantes universitarios de Argentina. Se utilizó un enfoque naturalístico y cuantitativo, con un muestreo por bola de nieve a través de redes sociales para contactar a 327 estudiantes universitarios (81.9% mujeres, Medad = 24.08) en junio de 2022. Los participantes completaron un consentimiento informado y un cuestionario anónimo en línea. Los resultados revelaron que el 43% expresó intenciones de tener hijos en el futuro, el 25% indicó que no planea tenerlos y el 18.34% modificó sus intenciones después del COVID. Las dificultades económicas se identificaron como el principal obstáculo para tener hijos. Estos hallazgos destacan el impacto de la pandemia y las variables económicas en las actitudes hacia la parentalidad. Se sugiere realizar futuras investigaciones para profundizar en los cambios en las actitudes hacia la paternidad y promover programas educativos que fomenten la toma de decisiones informadas en este ámbito.

Palabras clave

Decisiones reproductivas - Actitudes parentalidad - Conocimiento reproducción - COVID

ABSTRACT

RETHINKING PARENTHOOD: IMPACT OF COVID-19 ON REPRODUCTIVE DECISIONS OF ARGENTINE UNIVERSITY STUDENTS

It has been described that socioeconomic status influences reproductive decisions. This variable, along with the uncertainty caused by COVID, has affected attitudes towards parenthood. Therefore, the objective of this research is to understand the impact of post-COVID lockdown on attitudes towards parenthood and knowledge about human reproduction among university students in Argentina. Method: Naturalistic, quantitative. Snowball sampling using social networks was used to contact university students in June 2022. A total of 327 (81.9% female) univer-

sity students ($M\ age = 24.08$) completed an informed consent and an anonymous online questionnaire. Results: Regarding having children in the future, 43% indicated having intentions, 25% stated that they do not plan to have them, while 18.34% changed their intentions after COVID. Economic difficulties were identified as the main obstacle to having children. Discussion: This study demonstrates the impact of the pandemic and economic variables on attitudes towards parenthood. Further research should be conducted to delve into the phenomenon of changes in attitudes towards parenthood and, at the same time, to educate individuals to make informed decisions.

Keywords

Reproductive gifts - Parenting attitudes - Knowledge - Reproduction - COVID

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