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¿CÓMO MEDIR ESTADOS EMOCIONALES EN PERSONAS CON TEA? ESTUDIANDO LAS VENTAJAS DE MEDIDAS ORDINALES DE ESTADOS AFECTIVOS

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RESUMEN

La búsqueda de métodos confiables que permitan medir experiencias afectivas subjetivas es una problemática que ha dado lugar al surgimiento de múltiples modelos de autorreporte de estados afectivos. Se analizará posibles medidas de autorreporte de estados emocionales presentes en la literatura dentro del campo de las ciencias afectivas y cuáles resultarían más apropiadas para el estudio de la experiencia afectiva en sujetos TEA. Ahondar en la confiabilidad de estos modelos para el trabajo con poblaciones TEA es esencial para una mayor comprensión de sus capacidades y dificultades en este campo, especialmente debido a que el estudio de su experiencia afectiva podría verse dificultado por la presencia de condiciones como alexitimia. Se propone una posible comparación entre medidas ordinales y dimensionales de autorreporte a partir de métricas de confiabilidad (e.g. test-retest). Se espera encontrar una mayor confiabilidad por parte de las tareas que empleen modelos ordinales de autorreporte en comparación con modelos dimensionales, teniendo en cuenta distintas ventajas metodológicas que presenta el primero en comparación con el segundo en cuanto a la conceptualización de los estados afectivos. Se estima así mejorar la comprensión de los estados afectivos de personas con TEA a partir de la inclusión de modelos de autorreporte de emociones con mayor confiabilidad y consistencia para esta población.

Palabras clave

Emociones TEA - Autorreporte ordinal - Dimensional

ABSTRACT

HOW TO MEASURE EMOTIONAL STATES IN INDIVIDUALS WITH ASD. STUDYING THE ADVANTAGES OF ORDINAL MEASURES OF AFFECTIVE STATES

The search for reliable methodologies that measure subjective affective experiences is a problematic subject that has led to the development of multiple models of self report of affective states. The present study analyzes the possible measures of self report of affective states present in the current literature within the field of affective sciences, and which could be more appropriate to study the affective experience of individuals with ASD. Revising the reliability of these methods for their application in subjects with ASD is essential for a deeper comprehension

of their capacities and difficulties in this field, especially due to common comorbidities of this disorder such as alexithymia, which can difficult the study of emotional experience in this population. This study strives to offer a possible comparison between ordinal and dimensional measures of self report, based on reliability metrics such as test-retest. Greater consistency and reliability is expected from ordinal measures of self report when compared against dimensional models, taking into consideration the methodological advantages of the ordinal models concerning the conceptualization of affective states.

Keywords

Emotions ASD - Self-report ordinal - Dimensional

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